

SMART GOALS

WHEN SETTING GOALS, MAKE SURE IT FOLLOWS THE SMART STRUCTURE. GO THROUGH THIS PROCESS FOR EACH OF YOUR 3 INTERNSHIP GOALS. WRITE YOUR SMART GOALS IN THE BOXES ON THE SECOND PAGE.

S	<p><u>SPECIFIC</u></p> <p>WHAT DO I WANT TO ACCOMPLISH?</p>	
M	<p><u>MEASURABLE</u></p> <p>HOW WILL I KNOW WHEN IT IS ACCOMPLISHED?</p>	
A	<p><u>ACHIEVABLE</u></p> <p>HOW CAN THE GOAL BE ACCOMPLISHED?</p>	
R	<p><u>RELEVANT</u></p> <p>DOES THIS SEEM WORTHWHILE?</p>	
T	<p><u>TIMELY</u></p> <p>WHEN CAN I ACCOMPLISH THIS GOAL?</p>	

SETTING YOUR GOALS



GOAL #1

GOAL #2

GOAL #3